

## EXERCISE: OUR EXPECTATIONS

Estimated time: 15 minutes

### **Purpose:**

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- ♦ To assist participants in identifying and articulating their expectations for the training workshop.
  - ♦ To help facilitators understand the group's specific training needs and adapt the training program accordingly.
  - ♦ To increase group cohesion and further enable participants to become acquainted with one another.
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### **Group Circle Activity**

#### *Task:*

Let's discuss the following question:

- ♦ What would you like to learn about the problem of domestic violence against women (or sexual assault/ sexual harassment/ trafficking in women) that would make this workshop useful in your work? A volunteer can begin the discussion and others will continue in turn.

#### *Variation:*

Facilitator asks the participants to complete the following open-ended sentences:

- ♦ For me, exploring domestic violence/trafficking/sexual harassment/sexual assault in this forum is...
- ♦ A concern I have about this training workshop is...
- ♦ I hope I'll come away with...
- ♦ The questions I would like answered during this workshop are...

Facilitator can write the sentences down on a flipchart before the exercise and post the flipchart on the wall for all to see. Then the facilitator asks for a volunteer to start the process.

The group's responses should be written down on a flipchart (this list should be visible throughout the course of the workshop.) At the conclusion of the workshop, the facilitator should review the list of Expectations together with the group to summarize whether the participants' expectations have been met.

#### *Facilitator's commentary:*

When our expectations for the training have been met, we consider the training program to have been successful. Therefore, the goals that we articulate at the beginning of the workshop, such as learning new information about and understanding domestic violence/ sexual assault/ sexual harassment/ trafficking in women, determine not only how much knowledge we will gain, but also whether our future actions to overcome violence against women will be successful.

*Adapted from , Prevention of Domestic Violence and Trafficking in Human Beings, Training Manual, Winrock International, Kyiv, Ukraine, 2001, available at [http://www.winrock.org/GENERAL/Publications/Dos\\_manual.pdf](http://www.winrock.org/GENERAL/Publications/Dos_manual.pdf).*